

# Advanced Parenting Plan Mediation

## With Focus on Children under Five and over 15 Years

Presented by Karen Bonnell, MS, Divorce & Co-Parent Coach, Mediator

[Karen@coachmediateconsult.com](mailto:Karen@coachmediateconsult.com)

425-454-4510

ZOOM video training | 5.5 Contact Hours | \$275

Please join me for a high-impact day of game-changing information to tailor residential/parenting time schedules to the stage of family transition and the developmental needs of children. Learn how to support parents as they co-create parenting time schedules that respect the needs and interests of each other *and* their children. Apply research-supported developmental information to residential/ parenting-time schedules while you deepen your own understanding of dilemmas parents face as they consider how to care for their children across two homes.

### Morning

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**8:30 – 9:00** Log on and Get Acquainted  
**9:00 – 10:30** Training

### What's Best for Kids Birth to Age 5?

When we're working with parents of very young children, there are many important developmental needs, interests, tasks to be considered. Helping parents understand the importance of these formative years, importance of managing tension/conflict, and supporting regular and engaged care in the *early years* has life-long consequences.

**10:30 – 10:45** Break  
**10:45 – 11:30** **Small Group Work** (apply developmental principles to cases)  
**11:30 – 12:00** **Report Out** (Whole Group Q&A)  
**12:00 – 1:00** Lunch, Relax / Rejuvenate



## Afternoon

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**1:00 – 1:45** Training

### *What's Best for Teens with Special Focus on 15 Years and Above*

The transition in and out of adolescence is characterized by three rather distinct phases: Early – Middle – Late. The onset of adolescent thinking and behavior covers a range of ages, so we often think of “Early” teens beginning as young as age 10 for some children, and more commonly around age 12 for others. Middle teens begin around age 14/15 and late teens – age 17-- . When it comes to parenting planning, it's our middle and later teens that often present challenges to struggling parents. We'll look at how a teen's developmental tasks can complicate parenting planning and how they can be considered while supporting an engaged relationship with both their parents.

**1:45 – 2:30** **Small Group Work** (apply afternoon learning principles to cases)

**2:30 – 2:45** **Report Out**

**2:45 – 3:00** Break

**3:00 – 3:30** Training

### *Affairs, Stepfamilies, and College-Age Siblings*

We're going to tackle three topics that are important when developing child-centered parenting time. The first is a really tricky situation for most separating/divorcing couples: AFFAIRS. And when those affairs result in early recoupling, we would be remiss if we didn't consider how a parenting plan is likely to impact an eventual “next-time” or stepfamily. And lastly, what about those college-age siblings and their impact on the children following a parenting plan?

**3:30 – 4:00** Whole Group Q&A

Continue to the following page for registration information.



## To Register

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Please send \$275 through PayPal to karen@coachmediateconsult.  
Or send a check for \$275 to the address below:

Karen Bonnell  
7919 127th Pl NE  
Kirkland, Washington 98033

Please include your name, address, phone number, and email. **Refunds for the full amount available 60 days prior to the start of training and at any point as long as I can refill your spot. A refund of 50% between 30 – 59 days prior to start of training if I am unable to fill your spot. No refund for unfilled spots for the last 29 days prior to the start of training.**

This workshop is approved for 5.5 CEUs by the Washington Chapter, National Association of Social Workers (NASW) for Licensed Social Workers, Licensed Marriage & Family Therapists and Licensed Mental Health Counselors. Provider number: #1975-466.

Please let me know if you have questions!

Warm regards, Karen

