

# Complex Parenting Plan Solutions

## Transitioning Families with Complex Health & Safety Issues

Presented by Karen Bonnell, MS, Divorce & Co-Parent Coach, Mediator

[Karen@coachmediateconsult.com](mailto:Karen@coachmediateconsult.com)

425-454-4510

ZOOM video training | 6 Contact Hours | \$225

We have a unique opportunity to create parenting plans that provide safety, maintain relationships, and support health restoration. Intergenerational trauma, addictions, incarceration, and mental health challenges are a few of the unique circumstances impacting adults in restructuring families. Children with special needs (such as autism, complex medical issues, and behavioral/emotional challenges) require special skill in both parenting-time management and co-parenting decision-making. Join us for a day of exploring how family law intertwines with family health for strategies that support complex circumstances.

We will use over 10 case examples to demonstrate possible ways to support complex families. Bring your creativity, systems thinking, and team approaches for family-centered solutions.

### Morning

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- 9:00 - 9:15** Embracing the Concept of "Do No Harm"
- 9:15 - 9:45** A Systemic Approach to Families in Crisis
- 9:45 - 10:15** Intergenerational Trauma and ACE's (Adverse Childhood Experiences)
- 10:15 - 10:30** Family Law as an Important Spoke on the Wheel of Family/Community Health
- 10:30 - 10:45** Break
- 10:45 - 12:00** Family Violence: Safety, Education, Treatment and Restorative Practices



## Afternoon

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- 12:00 - 12:30** Lunch break
- 12:30 - 1:00** Working Lunch from 12:30 to 1:00  
How Family Law Professionals Get Used in Family Dysfunction:  
"The Drama Triangle" and Empathy Traps.
- 1:00 - 1:45** Addictions: Safety, Sobriety Plans, Treatment,  
and Verification Options
- 1:45 - 2:30** Mental Health Challenges and Impoverished Parenting Skills
- 2:30 - 2:45** Break
- 2:45 - 3:45** "What the Child Needs" – Anticipating Parenting Time  
and Joint Decision-Making Challenges  
when a Child has Complex Needs
- 3:45 - 4:00** Compliance and Keeping Families Engaged:  
A Family-Systems Team Approach
- 4:00** Course Concludes

Continue to the following page for registration information.

## To Register

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Please send \$225 through PayPal to karen@coachmediateconsult.  
Or send a check for \$225 to the address below:

Karen Bonnell  
7919 127th Pl NE  
Kirkland, Washington 98033

Please include your name, address, phone number, and email. **Refunds for the full amount available 60 days prior to the start of training and at any point as long as I can refill your spot. A refund of 50% between 30 – 59 days prior to start of training if I am unable to fill your spot. No refund for unfilled spots for the last 29 days prior to the start of training.**

This workshop is pending approval for 6 CEUs by the Washington Chapter, National Association of Social Workers (NASW) for Licensed Social Workers, Licensed Marriage & Family Therapists and Licensed Mental Health Counselors. Provider number: #1975-466, and is approved for 6 CLEs by the Washington State Bar Association (WSBA).

Please let me know if you have questions!

Warm regards, Karen